

## Health Promotion in Exercise & Health Fitness

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Assessment Briefs – EN4027 2015/2016

<b>Module Title</b>	Health Promotion in Exercise & Health Fitness
<b>Module Code</b>	EN2047
<b>Assessment Techniques</b>	1. Presentation & Essay (40%) 2. Written Assignment (60%)
<b>Issue Date</b>	6 <sup>th</sup> December 2015
<b>Submission Date</b>	1. Presentation – 7 <sup>th</sup> May 2016 2. Written Assignment – 9 <sup>th</sup> April 2016

### Assessment Techniques:

1. Presentation (40%)

Students will undertake a presentation in relation to the health promotion needs of population groups in Ireland. Students are required to present on:

- The profile of this population in Ireland
- The health needs of this population group
- Policy/Strategy provisions for this population group
- Health education/promotion initiatives currently targeting this population

Students will be required to complete a 1000 word essay to accompany this presentation.

2. Written Assignment (60%) – 2,500 words

Design a health promotion initiative that is underpinned by principles and theories in health education and promotion in your chosen setting (e.g. workplace, school, community etc.).

Late submissions will be capped at a C2.