

## Bachelor of Science in Exercise & Health Fitness



(Accredited by the University of Limerick)

Continuous Assessment (30%) PM4088 Human Resource Management

UL ID No. \_\_\_\_\_

Student Name: \_\_\_\_\_

Date:
nstructions: Please complete all questions on this worksheet in Times New
Roman Font, size 12, 1.5 line spacing. You must confine your answers to the
pace provided in the worksheet. Over-long and irrelevant answers will be
penalised. Each question carries equal marks. This worksheet must be
submitted to christine.cross@ul.ie by 10pm on Sunday February 12th. Please
se the Harvard Style of referencing and add a separate page with the

Note: The context for each question is the set-up phase of your new fitness centre.

## **Question 1**

references.

Identify and explain <u>five</u> ways in which the external environment can impact on the choice of HRM policies and practices in the set-up phase of your new fitness centre. (10 marks)

## **Question 2**

In your new fitness centre would you follow the 'best practice' or 'best fit' approach to HRM? Explain your choice. (10 marks)

## **Question 3**

Your fitness centre has been open for 6 months and business is good. Explain how you would use the Human Resource Planning process to assist in making decisions for the following 12 month period. (10 marks)